

**Janine Carrington D.D.S.**  
**Oral and Maxillofacial Surgery**  
**Drs. Meson, Azoulay and Associates**  
**(301) 498-5320**

PRE-OPERATIVE INSTRUCTIONS  
For Intravenous Sedation/General Anesthesia

1. You CAN NOT eat or drink anything for 8 hours prior to your scheduled appointment. If you must pre-medicate, take your medication with less than 1 ounce of water. Otherwise, NOTHING BY MOUTH.
2. A responsible adult **will need to accompany you to your appointment, remain in the office, drive you home and remain with you for at least 8 hours after surgery.** You should not plan to operate dangerous machinery or a motor vehicle for 24 hours following your appointment.
3. Unless instructed otherwise, please take all medications as usual with a sip of water. Please notify the doctor of any medications you are taking, prescribed or otherwise, particularly high blood pressure medications.
4. DO NOT consume any alcoholic beverages for 24 hours prior to your appointment.
5. Please inform the doctor of your past and present medical history. Include all prior general anesthesia, surgical procedures or medical conditions for which you are being treated.
6. The doctor will need to know if you have a cold or sore throat presently or have had one within the last week prior to your appointment.
7. Wear loose fitting clothing, particularly around the neck and waist, with short sleeves.
8. Remove all nail polish from your fingernails.
9. Please do not bring small children with you to your appointment.
10. If you are a contact lens wearer, please wear your glasses to your appointment, contacts ARE NOT to be worn.
11. If you would like your prescriptions called in during your appointment, you must provide us with the name, phone and fax number to your pharmacy.

If you have any questions or concerns, please contact the office prior to your appointment date.